

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<div data-bbox="68 821 370 982"> <p><b>5:00 p.m.</b> Jr/Teen Fit MP</p> </div> <div data-bbox="68 1010 370 1171"> <p><b>6:00 p.m.</b> Jr/Teen Fit MP</p> </div>	<div data-bbox="456 873 758 1035"> <p><b>5:30 p.m.</b> Jr/Teen Fit AR</p> </div> <div data-bbox="456 1077 758 1239"> <p><b>6:30 p.m.</b> Jr/Teen Fit MP</p> </div>	<div data-bbox="849 821 1151 982"> <p><b>5:00 p.m.</b> Jr/Teen Fit MP</p> </div> <div data-bbox="849 1010 1151 1171"> <p><b>6:00 p.m.</b> Jr/Teen Fit MP</p> </div>	<div data-bbox="1247 873 1549 1035"> <p><b>5:30 p.m.</b> Jr/Teen Fit MP</p> </div> <div data-bbox="1247 1077 1549 1239"> <p><b>6:30 p.m.</b> Jr/Teen Fit MP</p> </div>

**Junior/Teen Fit** is designated to introduce youth ages 9-18 to stretching routines, exercise equipment, proper techniques and an overall knowledge of fitness. Classes may feature timed challenges, workout stations and the use of both conventional and non-conventional equipment. Our goal is to get our youth moving and have fun at the same time!